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## Beyond Blue | Black Dog Institute

You should talk to your local GP if you feel physically or emotionally unwell when dealing with Family Law matters. Organisations such as Beyond Blue and Black Dog Institute provide helpful information about looking after your mental health.

### Beyond Blue

Website | [www.beyondblue.org.au](http://www.beyondblue.org.au)

Telephone | 1300 224 636

### Black Dog Institute

Website | [www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)

## Embrace Multicultural Mental Health

Embrace Multicultural Mental Health is a national platform for multicultural communities and Australian mental health services to access resources services and information in a culturally accessible format.

Website | [embracementalhealth.org.au](http://embracementalhealth.org.au)

## Family Relationship Advice Line

Family Relationship Advice Line can give referrals to local services that can assist.

Website | [www.familyrelationships.gov.au](http://www.familyrelationships.gov.au)

Telephone | 1800 050 321

## Family Violence Law Help

Family Violence Law help provides a comprehensive resource listing many support services around Australia.

Website | [familyviolencelaw.gov.au](http://familyviolencelaw.gov.au)

## Law Society Australia

Many workplaces have an Employee Assistance Program (EAP) provider - a confidential service where staff and family members can seek assistance. Additionally, the Law Society has a page detailing supports for solicitors.

Website | [www.lawsociety.com.au](http://www.lawsociety.com.au)

## Mensline Australia

Mensline Australia is a telephone and online counselling service for men with family and relationship concerns. The service is available 24/7 and is staffed by professional counsellors, experienced in men's issues.

Website | [www.mensline.org.au](http://www.mensline.org.au)

Telephone | 1300 789 978

## Support Services for Clients or Lawyers

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### Mens Referral Service Helpline

The Mens Referral Service Helpline is a 24/7 telephone service for perpetrators of domestic violence, answered by men.

Website | [ntv.org.au](http://ntv.org.au)

Telephone | 1300 766 491

### National Help Debt Line

If you think your client could benefit from speaking to a free financial counsellor, you can ask them to call the National Debt Helpline for help and to connect with financial counsellors in your area

Website | [www.ndh.org.au](http://www.ndh.org.au)

Telephone | 1800 007 007

### QLife

QLife is an Australia wide counselling and referral service for LGBTI people.

Website | [www qlife.org.au](http://www qlife.org.au)

Telephone | 1800 184 527

### 1800RESPECT

1800RESPECT is a confidential information, counselling and support service open 24 hours to support people impacted by sexual assault, domestic or family violence and abuse.

Website | [www.1800respect.org.au](http://www.1800respect.org.au)

Telephone | 1800 737 732

## Support for Children and Young People

### Reach Out

Website | [au/reachout.com.au](http://au/reachout.com.au)

### Kids Helpline

Website | [kidshelpline.com.au](http://kidshelpline.com.au)

Telephone | 1800 551 800

### Headspace

Website | [www.headspace.org.au](http://www.headspace.org.au)

# Support Services for Clients or Lawyers

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## Specialist Men's and Women's Family Advocacy Support Services at Court

### New South Wales

In NSW, we have separate Family Advocacy Support Services (FASS) for men and women, funded to provide support and referral services at various Court Registries and by telephone. Any client can be referred into these services, not just those funded by a grant of Legal Aid.

Website | [relationshipsnsw.org.au](http://relationshipsnsw.org.au)

#### Men's Family Advocacy Support Service

Telephone | 1300 003 277

#### Women's Family Advocacy Support Service

Telephone | 1800 113 277

Each State and Territory throughout Australia has a similar team providing Family Advocacy Support Services for men and women, although in some places they are limited by geography. Contact details for each service are below, please ask to be transferred to the FASS team if the call diverts to a general intake line.

### Australian Capital Territory

Telephone | 1300 654 314 (ask to be transferred to the FASS team)

### Northern Territory

Telephone | 1800 019 343 (ask for an FASS social support worker)

### Queensland

Telephone | 1300 267 762 (ask for an FASS social support worker)

### South Australia

Telephone | (08) 8111 5300 (ask for an FASS social support worker)

Email | [family.dutylawyer@lsc.sa.gov.au](mailto:family.dutylawyer@lsc.sa.gov.au)

### Tasmania

Telephone | 1800 431 157 (ask for an FASS social support worker)

### Victoria

Telephone | (03) 8373 7917 (ask for an FASS officer who can arrange help from a support worker)

### Western Australia

Telephone | (08) 9224 8690 (ask for an FASS social support worker)

Email | [FASS@legalaid.wa.gov.au](mailto:FASS@legalaid.wa.gov.au)